

## Student Support

In light of recent events and tragedy that has struck ISD. 1, we will continue to offer additional counseling supports to students and staff at Aitkin High School throughout the week. Counseling support is also available to Rippleside students and staff. We at ISD 1 care about the well-being of our students and staff, please reach out to school administration if you have concerns.

Below is a list of some resources for grieving students and families.

[The Dougy Center](#)

[10 Ways to Help a Grieving Child](#)

[Now What? Tips for Grieving Teens](#)

[Your Friend is Grieving: Tips for Supporting Them](#)

[Talking to Children about Death and Dying: Grief Talk](#) (resource booklet)

Mobile Crisis Line: (218) 828-4357

Crisis Text Line: text MN to 741741