

Hi everyone,

We are through the first week of school with kids at the high school and working on a full week at Rippleside. It has been a good start. I want to thank our students, parents, and community for their roles in helping us make this happen.

We want to remind our families that if your child is experiencing COVID symptoms, to please keep your child home and notify the school Health Office by calling (218)927-2115 High School ext. 3103 or Rippleside ext. 2104 or emailing kcrowther@isd1.org with your COVID concerns. The school is following guidance from the MN Dept of Health and will help you to determine how long your student/students needs to stay home. Please notify the school if your student is exhibiting symptoms, has been exposed to a COVID positive person, was tested for COVID, or with any other concerns.

If your child develops symptoms while in school we will need to send your child home. The symptoms include: fever (100.4 or higher), difficulty breathing, loss of taste or smell, muscle pain, nausea, diarrhea, vomiting, chills, cough, runny nose/congestion, sore throat, headache or fatigue. Please be available by phone for your students as we may need to contact you.

Here are some resources to help you at home:

Home screening tool:

<https://www.health.state.mn.us/diseases/coronavirus/schools/homescreen.pdf>

Attendance Guide:

<https://www.health.state.mn.us/diseases/coronavirus/schools/attendance.pdf>

Our goal is to stay in person learning, and in order to do that we all need to work together.

[Stay/GO home Symptoms graphic](#)