## SCHOOL MEAL INFORMATION

### FOOD SERVICE ACCOUNTS

Computerized food service accounts will exist for each family in the district. All members of the family will use that one account. Charges for breakfast, lunch, extra milk or juice will be debited to the account. We recommend that the oldest child in each family be responsible for depositing money in the family account. If money is sent with a student, please pay by check. You can also pay on-line thru your parent portal (directions on website)

#### ACCESS YOUR BALANCE ONLINE

Create a login for the parent portal. Sign in, Go Mobile. District # is TCXXZP. If you need a password call Sheri at: 218-927-7121 or email at <u>ssanbeck@isd1.org</u>.

#### LUNCH ACCOUNT ACCESS

All students, grades K-12, are required to know and use their four-digit student I.D. numbers to register their meal charges.

#### FAMILY ACCOUNTS ARE PREPAID ACCOUNTS

- Please start the year with a positive balance.
- You can track your balance through the parent portal. The status of your account (free, reduced or full pay) is not known to the cashier.
- You will receive emails when your account is getting low.

#### **BREAKFAST AND LUNCH**

Breakfast and lunch are offered each day at each school. Cereal is an alternative at breakfast. An alternative at the high school is a sandwich or salad during lunch. Milk is always available.

#### FREE AND REDUCED MEALS

Free and reduced meals are available to all who qualify. STUDENTS MUST CHOOSE THREE SEPARATE ITEMS TO QUALIFY FOR FREE/REDUCED PRICE. Free and reduced eligibility does not apply to second meals or any extra milk or juice. Funds need to be deposited by the family in order to make those purchases. If you received free or reduced meals during one school year, your eligibility continues through October 15<sup>th</sup> of the following school year. A new application must be submitted before October 15<sup>th</sup> in order to requalify without interruption for the balance of the new school year.

# TO APPLY: Application, instructions and Questions are available on-line, in all schools and the District Office. There also will be a food service mailing, including an application form, sent to all enrolled families before school starts.

#### ONE TRAY = ONE MEAL

On some occasions, especially at the high school, students with large appetites eat more than one lunch; they choose a "2<sup>nd</sup> meal" or "Ala Carte Entrée". Because of the different pricing structure and accounting necessary to participate in the Federal Meal Program, lunches cannot be combined on trays. One tray will represent one full lunch. If a second lunch is taken, it is considered a "2<sup>nd</sup> Lunch." See the ISD 1 Meal Prices on the website.

#### WHAT IS OFFER VS SERVE?

Offer vs Serve was designed to lessen food waste and give autonomy to students eating school meals. The Aitkin schools participate with Offer vs Serve, allowing students to take a minimum of three of the five required food items on the menu, one of which has to be a half cup of fruit or vegetables. Of course, students are encouraged to take all five food items. When combined with a wide variety of food choices, this program offers many advantages.

Students who are lactose intolerant will be provided a lactose free (soy product) milk upon written request from a physician.