



**AITKIN COUNTY HEALTH & HUMAN SERVICES  
PUBLIC HEALTH DEPARTMENT**

204 First Street NW  
Aitkin, MN 56431

Phone: 800-328-3744 or 218-927-7200  
Fax: 218-927-7262



**Public Health  
Aitkin County**  
Prevent. Promote. Protect.

October 5, 2021

Dear parent/guardian:

Influenza (flu) is a contagious respiratory illness caused by influenza viruses. It can cause mild to severe illness. Serious outcomes of flu infections can result in hospitalization or death. Some people, such as older people, young children, and people with certain health conditions are at higher risk of serious flu complications. This year it is especially important to receive the flu shot to reduce the chance of complications associated with COVID/Influenza co-infections.

Aitkin County Public Health will be at **Aitkin High School on October 20<sup>th</sup>** to offer flu shots to students and staff, during the school day. This year online registration is available. Please use the link below or scan the QR code to register for a flu shot. The attached paper consent is also available, if needed. Please print clearly and include current health insurance information. Insurance accepted: Medicare, UCare, Medical Assistance, any MN healthcare program, Blue Cross Blue Shield, Health Partners, or Medica. If you do not have insurance or your insurance does not cover vaccines, your cost will be \$19.00. Please make checks payable to Aitkin County Health & Human Services.

Parent/Guardian consent and signature is need for all vaccinations. Please indicate which flu vaccine you are consenting for by checking the appropriate box. FluMist (nasal mist) is “influenza, live” and the injection is “influenza, inactivated”. If no preference, please mark both boxes. COVID-19 vaccines will also be available, upon request, for anyone 12 years and older. Indicate consent for this by selecting the box next to “Pfizer-BioNTech COVID-19 vaccine”

To register for a vaccination, click link below or scan code to the right:

<https://prepmo.health.state.mn.us//appointment/en/reg/9169530821>



If you have any questions or concerns, please contact me at

[brea.hamdorf@co.aitkin.mn.us](mailto:brea.hamdorf@co.aitkin.mn.us) or call 218-927-7256.

Thank you,

Brea Hamdorf, RN, PHN

Immunization Coordinator

Aitkin County Public Health

“This institution is an equal opportunity provider.”