

### Aitkin Children's Center

January 2024

225 2nd Ave SW, Aitkin, MN 56431 (218) 927-7735



#### EARLY CHILDHOOD SCREENING:

The Aitkin Children's Center in partnership with Head Start and Aitkin County Public Health will hold Early Childhood Screening on Thursday, January 18th from 10:00 - 6:00



pm. Early Childhood Screening is a free and simple check of how your child is growing, developing and learning.

Screening at 3 is preferred, but a child may be screened between the ages of 3 and the start of kindergarten. Call 927-7735 to make your appointment today. Spots are limited.

### MARK YOUR CALENDARS-NO PRESCHOOL

#### Thurs., Jan. 18th-Fri., Jan. 19th

There will be no preschool classes on Thursday, January 18th. The Center will be closed in order to accommodate Early Childhood Screening. There will be no school on Friday, January 19th due to a teacher inservice.



# FREE RESOURCEPINK OATMEAL WEBSITE

Pink Oatmeal is a website that is managed by a mother and physical therapist. The site provides parents, teachers, and therapists with ideas for movement and fun physical activity! The website has many FREE resources. Simply search <a href="mailto:pinkoatmeal.com">pinkoatmeal.com</a> and beat those winter blahs today!



## PARENT ADVISORY COUNCIL CORNER:

The Aitkin Children's Center has a parent advisory council that meets monthly. This council is comprised of center staff, parents, a school board representative, and other community members. The council exists to provide feedback to enhance and improve programming at the Center. The next meeting is scheduled for Monday, January 8th at 5:30pm in the Kids Club Room. Everyone is welcome.

#### **EXPLORING MUSIC:**

Materials for Musical Shaker

- · A clean and dry plastic bottle with lid
- · Rainbow pom-poms
- A handful of rice
- Rainbow ribbon
- Screwdriver or similar



Directions for Music Shaker

- 1. Put pom-poms and rice into the bottle
- 2. Poke a hole in the cap using the screwdriver or something similar
- 3. String the ribbon through the hole, when all are through tie a knot on the end so they stay in.
- 4. Put the cap on and wallah! You have a musical shaker!!