

Mon	Tue	Wed	Thu	Fri
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<b>JANUARY 2022</b> <b>AITKIN HIGH SCHOOL</b> SANDWICH OR CHEF SALAD ARE AVAILABLE INSTEAD OF DAILY LUNCH ENTRÉE. Dressing: Ranch, Bleu or French			HAPPY NEW YEAR 	
3	4	5	6	7
BAGEL & CREAM CHEESE or CEREAL FRUIT JUICE & MILK ***** BRAT ON BUN w/SAUERKRAUT - CHIPS BAKED BEANS FRUIT COOKIE	ASSORTED MUFFINS Or CEREAL FRUIT JUICE & MILK ***** PULLED PORK ON A BUN FRENCH FRIES COLE SLAW VEGGIE FRUIT	WAFFLE & STRAWBERRY or CEREAL FRUIT JUICE & MILK ***** CHEESY BREAD w/MEAT SAUCE CAESAR SALAD VEGGIE FRUIT	HAM & EGG CROISSANT Or CEREAL FRUIT JUICE & MILK ***** TERRIYAKI CHICKEN FRIED RICE VEGGIE FRUIT ICE CREAM	CINNAMON ROLL or CEREAL FRUIT JUICE & MILK ***** BEEF TACO'S w/ALL THE TOPPINGS REFRIED BEANS FRUIT
10	11	12	13	14
YOGURT & GRANOLA or CEREAL FRUIT JUICE & MILK ***** HAMBURGER GRAVY MASHED POTATOS DINNER ROLL VEGGIE FRUIT	ASSORTED MUFFINS Or CEREAL FRUIT JUICE & MILK ***** CHILI CORN BREAD MUFFIN VEGGIE FRUIT ICE CREAM	PANCAKES & KIELBASA or CEREAL FRUIT JUICE & MILK ***** BBQ CHICKEN ON A BUN TATER TRIS VEGGIE FRUIT	SAUSAGE & EGG BISCUIT or CEREAL FRUIT JUICE & MILK ***** PASTA & MEAT SAUCE GARLIC TOAST CAESAR SALAD VEGGIE FRUIT	ASSORTED DONUTS or CEREAL FRUIT JUICE & MILK ***** ASSORTED PIZZA VEGGIES & DIP FRUIT
17	18	19	20	21
SAUSAGE GRAVY OVER BISCUIT or CEREAL FRUIT JUICE & MILK ***** HOT DOGS BAKED BEANS FRENCH FRIES FRUIT COOKIEV	ASSORTED MUFFINS or CEREAL FRUIT JUICE & MILK ***** CHICKEN FAJITAS w/PEPPERS & ONIONS BLACK BEANS & CORN SPANISH RICE FRUIT	BREAKFAST PIZZA Or CEREAL FRUIT JUICE & MILK ***** CHEESEBURGER ON BUN CHIPS VEGGIE FRUIT	BACON & EGG MUFFINT or CEREAL FRUIT JUICE & MILK ***** HAM & POTATO SOUP BREADSTICK & CRACKERS VEGGIE FRUIT	
24	25	26	27	28
FRENCH TOAST STICKS SAUSAGE LINK Or CEREAL FRUIT JUICE & MILK ***** PULLED PORK ON A BUN FRENCH FRIES COLE SLAW VEGGIE FRUIT	ASSORTED MUFFINS Or CEREAL FRUIT JUICE & MILK ***** TATOR TOT HOTDISH DINNER ROLL VEGGIE FRUIT	WAFFLE & STRAWBERRY or CEREAL FRUIT JUICE & MILK ***** CHICKEN CAESAR SALAD BREAD STICKS VEGGIE FRUIT COOKIE	HAM & EGG CROISSANT Or CEREAL FRUIT JUICE & MILK ***** CORN DOGS FRENCH FRIES VEGGIE FRUIT	LONG JOHN OR BISMARK or CEREAL FRUIT JUICE & MILK ***** CHICKEN TACO'S w/ALL THE TOPPINGS REFRIED BEANS FRUIT ICE CREAM

% OR CHOC MILK OFFERED DAILY FOR BKFT AND LUNCH. LACTOSE MILK OFFERED UPON PARENT REQUEST.  
 CEREAL, JUICE AND FRUIT OFFERED WITH EACH BKFT.

**FREE BREAKFAST & LUNCHES THROUGH THE 2021-22 SCHOOL YEAR**

**Breakfast=1 Milk & 1 Juice, Lunch=1 Milk. ANY EXTRAS WILL BE CHARGED THE FOLLOWING:**

**DOUBLE MEAL PRICES: BKFT: \$1.60, LUNCH: \$2.85 EXTRA MILK or JUICE: \$.35**

**MENU SUBJECT TO CHANGE WITHOUT NOTICE  
 THIS IS AN EQUAL OPPORTUNITY PROVIDER**