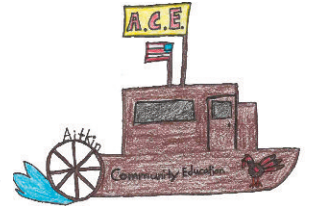


Family MATTERS



We are excited for this three-part informational series designed to bring professionals and parents together to discuss topics affecting today's youth and families. Thanks to a grant from the Aitkin County Child Abuse Prevention Council, we hope to create a night full of community connections and awareness.

A free meal will be served prior to the discussion for the night. Youth will have their own presentations in the old gym, while parents will be in the auditorium. This program is FREE for all!

We do ask that you register online so that we know how many to expect to feed!



Session 1: Mental Health in Youth and Suicide Awareness #FM-1

- When: Monday, September 23
- Main Speakers: Stephanie Downey, Youth Suicide Prevention Coordinator with the Minnesota Department and Health; Meghann Levitt, Regional Crisis Text Line Coordinator
- Dinner: 5:30 pm - 6:15 pm *Provided by Grand Casino Mille Lacs.*
Dinner includes pulled pork sandwich, chips, coleslaw, and a bottle of water.
- Presentation: 6:30 pm - 8:00 pm
Parents and youth will be split up for the presentation and reunited at the end of the night.
- Where: Aitkin High School Cafeteria and Auditorium

Please register online at:

<https://isd1.ce.eleyo.com/course/121/fall-2019/family-matters#fm-1>

