

# AITKIN HIGH SCHOOL

|  | 1-TUE   | 2-WED   | 3-THU  | 4-FRI  |
|--|---|---|--|--|
|   | Choc. Chip Muffin<br>Yogurt<br>*****<br>Chicken Patty on Bun<br>w/Lettuce & Tomato<br>Pasta Salad | Pancakes &<br>Kielbasa<br>*****<br>Pasta w/Meat Sauce<br>Garlic Toast   | Sausage & Egg<br>Croissant<br>*****<br>Bacon & Potato Soup<br>Bread Sticks<br>Saltines   | Donuts<br>*****<br>Quesadilla Pizza<br>Chips & Cheese<br>(No Salad Bar on Fri)                 |
| 7-MON  | 8-TUE   | 9-WED   | 10-THU   | 11-FRI   |
| Cherry OR Apple<br>Turnovers<br>*****<br>BBQ Chicken on Bun<br>Chips<br>Pickle Spear   | Choc. Chip Muffin<br>Yogurt<br>*****<br>Chili Dog<br>Baked Beans<br>Potato Salad                  | Cheesy<br>Scrambled Eggs<br>*****<br>Cheesy Bread<br>w/Meat Sauce<br>Caesar Salad<br>(No Salad Bar)                         | Biscuits & Gravy<br>*****<br>Chicken Nuggets<br>Mashed Potatoes<br>& Gravy<br>(No Salad Bar)   | Cinnamon Roll<br>*****<br>Pork Carnitas<br>with all the Fixins'<br>(No Salad Bar on Fri)       |
| 14-MON   | 15-TUE  | 16-WED  | 17-THU   | 18-FRI   |
| Breakfast Pizza<br>*****<br>Mini Corn Dogs<br>Mac & Cheese   | Choc. Chip Muffin<br>*****<br>Grilled Chicken on Bun<br>w/Lettuce & Tomato<br>Pasta Salad         | Mini Donuts &<br>Smoothie<br>*****<br>Cheeseburgers<br>w/Lettuce & Tomato<br>Chips  | <b>NO<br/>SCHOOL</b>   | <b>NO<br/>SCHOOL</b>   |
| 21-MON   | 22-TUE  | 23-WED  | 24-THU   | 25-FRI   |
| Waffle & Strawberries<br>*****<br>Popcorn Chicken<br>Mashed Potatoes &<br>Gravy<br>Corn  | Choc. Chip Muffin<br>*****<br>BBQ Pork on Bun<br>Chips<br>Cole Slaw                               | Granola & Yogurt<br>*****<br>Chicken Parmesan<br>Over Pasta<br>Garlic Toast   | French Toast Sticks<br>Sausage Links<br>*****<br>Turkey & Gravy<br>Mashed Potatoes<br>Stuffing, Dinner Roll  | <b>NO<br/>SCHOOL</b>   |
| 28-MON   | 29-TUE  | 30-WED  | 31-THU   | Fri – NOV 1  |
| Bagel &<br>Cream Cheese<br>*****<br>Beef Enchiladas<br>Spanish Rice<br>Black Bean Salsa  | Choc. Chip Muffin<br>*****<br>Chili<br>Bread Sticks<br>Saltines                                   | Breakfast Taco's<br>*****<br>Cream Chicken<br>over Biscuit  | French Toast Sticks<br>Sausage<br>*****<br>Chicken Fajitas<br>w/Peppers & Onions<br>Black Bean & Corn<br>Salsa   | Donuts<br>*****<br>Flat Bread Pizza<br>Broccoli Salad<br>Veggie & Dip<br>(No Salad Bar on Fri) |
| <b>BREAKFAST</b><br>Includes Fruit<br>1 Juice & 1 Milk<br>EXTRA Milk or Juice will<br>be charged: \$.40<br>Cereal Available<br>instead of Entrée | <b>LUNCH</b><br>Includes:<br>Veggie, Fruit<br>& 1 Milk<br>EXTRA Milk will<br>be charged: \$.40    | <b>SALAD BAR</b><br>(MON-THU unless noted)<br>OR<br><b>SANDWICH</b><br>AVAILABLE<br>INSTEAD OF<br>LUNCH ENTRÉE<br>(MON-FRI) | <b>MINNESOTA FREE SCHOOL MEALS</b><br>Breakfast \$0.00 2 <sup>nd</sup> Meal \$3.00<br>Lunch \$0.00 2 <sup>nd</sup> Meal \$5.25<br>NOTE: 2 <sup>nd</sup> Meal prices same as adults per state<br>guideline. Must be money in lunch account to<br>purchase 2 <sup>nd</sup> meal.<br>MN Free School Meals:<br>Must be a <b>COMPLETE MEAL</b><br>If <b>ONLY</b> milk or juice is taken, you will be<br>charged ala carte |  |

🍏 REMEMBER TO PLACE UNOPENED ITEMS IN THE SHARE FRIDGE!!! 🍏

**MENU SUBJECT TO CHANGE WITHOUT NOTICE  
THIS IS AN EQUAL OPPORTUNITY PROVIDER**