

Summer Jams Girls Basketball Camp

Grades 7-8th: June 19-22nd

Skills and Activities at Camp:

- Fundamental Drills and Skills
- Shooting Form
- Defensive Positioning and Footwork
- Offensive Moves and Footwork
- Daily Skills Stations
- 1/2 and Full Court Games/Scrimmages
- Daily Competitions and Challenges
- Strength and Speed Training



**Coach Rob Williams: 3rd Grade Teacher-Rippleside Elementary
Head Girls Basketball Coach**

*The Summer Jams Basketball Camp is designed to take the next step in building physically and mentally strong young ladies with the skills to succeed!
We want to offer a local camp that helps instill confidence, develops leadership, and gives everyone a GREAT camp right here in AITKIN!*

Cost \$25.00—Please make checks payable to Rob Williams and bring to Coach Williams at Rippleside Elementary.

Players—please bring your water bottles and reversible jerseys! Enter through the North Entry each day.

If you have any questions, please contact Coach Rob Williams
(218-330-1083) or by email: rwilliams@isd1.org

When: June 19-22nd (1:00-4:00pm)

Where: Aitkin High School (Enter through North Doors)

Summer Jams Basketball Camp Registration Form

Name: _____

Grade: _____ (next fall)

Email: _____

Phone: _____

Grades 7-8: June 19-22nd (1:00—4:00pm) _____

** T-shirt size (circle one)**

Adult: S M L XL

I hereby acknowledge that my child is medically fit to participate in basketball camp. I waive and release the camp, school, and camp instructors from any and all liability for any injuries incurred or property lost or damaged.

*Waiver Signature (parent or guardian): _____ Date: _____

Please make check or money orders payable to: Rob Williams