



OCTOBER HIGH SCHOOL

October 2017				
Mon	Tue	Wed	Thu	Fri
2 SAUSAGE GRAVY BISCUIT FRUIT ----- SHRED TURKEY / BUN TATOR TRY'S GREEN BEANS BROCCOLI STRAWBERRY / PEARS	3 MUFFIN CEREAL ----- HOT DOG SUN CHIPS BAKED BEANS BROCCOLI GRAPES MANDARIN ORANGES	4 MINI BAGEL FRUIT ----- CHICKEN ALFREDO NOODLES CORN /COOKED CARROTS ORANGES BANANAS GARLIC TOAST	5 EGG BISCUIT FRUIT ----- CHEESY BREAD MARINAR SAUCE CAESAR SALAD PEAS PEARS / PEACHES	6 GLAZED DONUT CEREAL ----- FRESCHETTA PIZZA BROCCOLI SALAD CUCUMBER SLICES SUGAR SNAP PEAS FRUIT COCKTAIL / JUICE CHOC. CHIP COOKIE
9 YOGURT PARFAIT CEREAL ----- CORN DOG TATOR TRY'S COOKED CARROTS PEARS MANDARIN ORANGES	10 MUFFIN CEREAL ----- TATOR TOT HOTDISH GREEN BEANS PINEAPPLE APPLE SLICES BREAD STICK SUGAR COOKIE	11 BREAKFAST CASSEROLE FRUIT ----- CHICKEN NUGGETS MASHED POTATOES CORN APPLESAUCE ORANGE SLICES DINNER ROLL	12 EGG BISCUIT FRUIT ----- SPAGH/ MEAT SAUCE COLE SLAW BROCCOLI STRAWBERRY PEACHES GARLIC TOAST	13 ROLL CEREAL ----- QUESADILLA PIZZA CHIPS / CHEESE CARROTS SUGAR SNAP PEAS FRUIT COCKTAIL JUICE
16 FRENCH TOAST SAUSAGE ----- CHICKEN PATTY / BUN TATOR TOTS GREEN BEANS GRAPES STRAWBERRIES	17 MUFFIN CEREAL ----- GHOULASH PEAS / CAESAR SALAD BANANA MANDARIN ORANGES BREAD STICK	18 MINI BAGEL FRUIT ----- SLOPPY JOE TATOR TRY'S CORN PEARS / PEACHES CUP CAKE	19 NO SCHOOL PROFESSIONAL MEETINGS 	20 NO SCHOOL PROFESSIONAL MEETINGS 
23 SCRAMBLED EGG WRAP FRUIT ----- CHEESEBURGER / BUN TRIMMINGS FRENCH FRIES BAKED BEANS FR. COCKTAIL APPLESAUCE	24 MUFFIN CEREAL ----- GRILL CHEESE CREAM WILD RICE SOUP BROCCOLI / CARROTS SUGAR SNAP PEAS ORANGE SLICES BANANA	25 YOGURT PARFAIT CEREAL ----- CHICKEN DRUMSTICK SEASONED RICE PEAS /ASPARAGUS PEACHES FRUIT COCKTAIL ICE CREAM SANDWICH	26 EGG BISCUIT FRUIT ----- TACO DICED TOMATOES SHRED LETTUCE COOKED CARROTS PEARS JUICE	27 ROLL CEREAL ----- FRESCHETTA PIZZA BROCCOLI SALAD CUCUMBER SLICES SUGAR SNAP PEAS APPLESAUCE MANDARIN ORANGES
30 MINI BAGEL FRUIT ----- CORN DOG MAC / CHEESE PEAS / BROCCOLI STRAWBERRY FRUIT COCKTAIL	31 MUFFIN CEREAL ----- CHILI CORN BREAD MUFFIN CAULIFLOWER /CARROTS BANANA APPLESAUCE			

1% OR CHOC SKIM MILK OFFERED DAILY FOR BKFT AND LUNCH. LACTOSE MILK OFFERED UPON PARENT REQUEST. CEREAL, JUICE AND FRUIT OFFERED WITH EACH BKFT. SANDWICH, SALAD BAR OR MAIN ENTREE OFFERED DAILY AT LUNCH.

MENU SUBJECT TO CHANGE WITHOUT NOTICE

PRICES: BKFT: \$1.50, LUNCH: \$2.55. DOUBLES: BKFT: \$2.00, LUNCH: \$3.45

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