

Last Chance Wrestling Camp

Friday, August 4 and Saturday, August 5

7:45 am – 3:00 pm

8:30 am – 3:00 pm

Aitkin High School

Grades K-12

Register with Aitkin Community Education

Fees: \$75, individual, \$45, 2nd family member, \$25 3rd family member.
\$40 for a single day

Instructors:

Nick Dardanes

2-time Illinois State Champ

All American NCAA Division 1 for the University of Minnesota Gophers

All American U.S. Open

Currently wrestling for Hawkeye Wrestling Club

Chris Dardanes

2-time Illinois State Champ

All American NCAA Division 1 for the University of Minnesota Gophers

Currently wrestling for Hawkeye Wrestling Club

Hayden Zillmer

3-time Minnesota State Champ

Cadet Triple Crown Winner

2-time SCAA Division 1 Qualifier

2 time Western Conference Champion, Fargo All-American

All American NCAA Division 1 for the NDSU Bison

Currently rated 19th in World Greco Wrestling with the MN Storm

Bobby Telford

4-time NCAA Division 1 National Qualifier

3-time NCAA Division 1 All American for the Iowa Hawkeyes

Currently wrestling for Hawkeye Wrestling Club

Designed for all wrestlers of any age or experience level. Learn wrestling skills in all 3 positions. Wrestlers are grouped based on age and experience so they can learn at their own pace. Each day campers will have technique sessions and live situations to help implement the skills being taught.

For questions, please contact Shawn Hankel at 612-227-7179 or shawnh@ssimn.com,
or Aitkin Community Education at 218-927-2115, ext. 2153