

ALL KINDERGARDEN STUDENTS ARE ELIGIBLE FOR A FREE BREAKFAST EVERY SCHOOL DAY!

January Rippleside Menu 2019

Mon	Tue	Wed	Thu	Fri
1 		2 MUFFIN CEREAL ----- CHICKEN NUGGETS WAFFLE FRIES CORN PEACHES	3 EGG BISCUIT <u>OR</u> CEREAL ----- GR CHEESE SANDWICH TOMATO SOUP CARROTS / BROCCOLI SUGAR SNAP PEAS APPLESAUCE	4 ROLL CEREAL ----- TATOR TOT HOTDISH CORN / LETTUCE SALAD MANDARIN ORANGES BREAD STICK SUGAR COOKIES
7 MINI PANCAKES SAUSAGE ----- SOFT SHELL TACO / CHIPS BLACKBEANS / JUICE DICED TOMATOES SHREDDED LETTUCE	8 BAGEL, CREAM CHEESE, GRAPE JELLY & CEREAL ----- TURKEY GRAVY MASH POTATOES CORN / APPLESAUCE CRANBERRIES DINNER ROLL	9 BREAKFAST PIZZA FRUIT ----- MINI CORN DOGS MAC & CHEESE COOKED CARROTS / BROCCOLI STRAWBERRIES	10 EGG BISCUIT <u>OR</u> CEREAL ----- CHICKEN PATTY / BUN SUN CHIPS SQUASH PEARS CHOC. CHIP COOKIE	11 LONG JOHN CEREAL ----- WILD RICE HOTDISH CARROTS / BROCCOLI / DIP APPLESAUCE BREAD STICK ICE CREAM CUP
14 FRENCH TOAST SAUSAGE ----- GHOULASH CORN GREEN BEANS BANANA BREADSTICK	15 MUFFIN CEREAL ----- FRESH PIZZA LETTUCE SALAD CARROTS / BROCCOLI CUCUMBERS GRAPES	16 ROLL CEREAL ----- CHICKEN NOODLE SOUP SANDWICH CHOICE CAULIFLOWER SUGAR SNAP PEAS MIXED FRUIT	17 EGG BISCUIT <u>OR</u> CEREAL ----- SLOPPY JOE TATOR TRIES GREEN BEAN MANDARIN ORANGES PEARS	18 NO SCHOOL 
21 SCRAMBLED EGG WRAP FRUIT ----- CHEESY BREAD MARINARA SAUCE LETTUCE SALAD GREEN BEANS APPLES	22 MUFFIN CEREAL ----- SHREDDED TURKEY / BUN TATOR TRIES PEAS CORN PEARS	23 MINI PANCAKES SAUSAGE ----- CHILI DOG SUNCHIPS BAKED BEANS APPLESAUCE PUDDING CUPS	24 EGG BISCUIT <u>OR</u> CEREAL ----- FARM TO SCHOOL SMOKE HAM & CHEESE /BUN CORN COLESLAW MELON / DESSERT	25 CINNAMON ROLL CEREAL ----- FRESH PIZZA BROCCOLI SALAD CARROTS SUGAR SNAP PEAS GRAPES
28 FRENCH TOAST SAUSAGE ----- RAVIOLI MEAT SAUCE BROCCOLI GARLIC STICK APPLE	29 MUFFIN CEREAL ----- CHEESEBURGER LETTUCE / TOMATO FRENCH FRIES BAKED BEANS PEACHES	30 YOGURT CEREAL / FRUIT ----- SPAGHETTI / MEATSAUCE MOZZARELLA CH STICK COLE SLAW COOKED CARROTS PEARS / BREADSTICK	31 EGG BISCUIT <u>OR</u> CEREAL ----- MINI CORN DOGS WAFFLE FRIES SQUASH GREEN BEANS PINEAPPLE	

1% OR CHOC MILK OFFERED DAILY FOR BKFT AND LUNCH. LACTOSE REDUCED MILK OFFERED UPON PARENTS REQUEST
 CEREAL, FRUIT AND ASSORTED JUICE OFFERED DAILY FOR BKFT. SANDWICH CHOICE OFFERED DAILY IN PLACE OF MAIN
 ENTRÉE FOR LUNCH.

MENU SUBJECT TO CHANGE WITHOUT NOTICE

PRICES: BKFT: \$1.40, LUNCH: \$2.40 **DOUBLES:** BKFT: \$2.00, LUNCH: \$3.55 **EXTRA MILK OR JUICE:** \$.35

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