

## January HS Menu 2019

Mon	Tue	Wed	Thu	Fri
<b>1</b> 		<b>2</b> WHOLE GRAIN WAFFLES SAUSAGE ----- CORN DOG TATOR TRI GREEN BEANS PEACHES APPLESAUCE	<b>3</b> EGG BISCUIT FRUIT ----- PASTA & MEATSAUCE COLE SLAW COOKED BROCCOLI APPLES / PEARS GARLIC TOAST	<b>4</b> DONUT CEREAL ----- FRESH PIZZA BROCCOLI SALAD CUKES / CARROTS SNAP PEAS GRAPES / JUICE
<b>7</b> FRENCH TOAST SAUSAGE & FRUIT ----- BBQ RIBLET / BUN CHIPS ROAST CARROTS & ZUCCHINI MIXED FRUIT WATERMELON COOKIE	<b>8</b> MUFFIN CEREAL ----- GRILL CHEESE TOMATO SOUP BROCC / CARROTS SNAP PEAS BANANA / PEARS	<b>9</b> BREAKFAST PIZZA FRUIT ----- BBQ PORK / BUN FRENCH FRIES COLE SLAW WATERMELON /APPLESAUCE COOKIE	<b>10</b> EGG BISCUIT FRUIT ----- CHICKEN ALFREDO PASTA PEAS / CAESAR SALAD BREAD STICK	<b>11</b> CINNAMON ROLL FRUIT ----- TACO'S DICED TOMATOES/ LETTUCE BLACK BEANS GRAPES / PINEAPPLE
<b>14</b> CHEESE OMELET SAUSAGE & FRUIT ----- CHEESEBURGER FRENCH FRIES BAKED BEANS TRIMMINGS PEACHES & PEARS	<b>15</b> MUFFIN CEREAL ----- QUESADILLA PIZZA CHIPS & CHEESE ROAST CAULIF. & CARROTS APPLE SAUCE JUICE	<b>16</b> EGG STRADA FRUIT ----- CHICKEN PARMESAN PASTA / CAESAR SALAD PEAS MIXED FRUIT / BANANA GARLIC TOAST	<b>17</b> EGG BISCUIT FRUIT ----- CHILI VEGGIES & DIP CORN BREAD MUFFIN PINEAPPLE / PEARS ICE CREAM	<b>18</b> 
<b>21</b> FRENCH TOAST SAUSAGE & FRUIT ----- MAC & CHEESE CORN DOG BROCCOLI / PEAS FRUIT COCKTAIL PEACHES	<b>22</b> MUFFIN CEREAL ----- TATOR TOT HOTDISH GREEN BEANS / CORN BREAD STICK APPLESAUCE ICE CREAM	<b>23</b> BREAKFAST PIZZA FRUIT ----- CHICKEN FAJITAS SPANICH RICE ROASTED CARROTS & CAULIFLOWER PEARS & BANANAS	<b>24</b> EGG BISCUIT FRUIT ----- SLOPPY JOES TATOR TRIES GREEN BEANS GRAPES & PEACHES COOKIE	<b>25</b> DONUT CEREAL ----- FRESH PIZZA BROCCOLI SALAD VEGGIES & DIP MANDARIN ORANGES JUICE
<b>28</b> WAFFLES SAUSAGE ----- CHICKEN PATTY / BUN POTATO CHIPS ROASTED CAULIFLOWER BANANA & PEACHES	<b>29</b> MUFFIN CEREAL ----- CHEESY BREAD MARINARA SAUCE CAESAR SALAD /GR BEANS PEARS / PINEAPPLE	<b>30</b> OATMEAL FRUIT ----- CHICKEN NUGGETS MASHED POTATOES / GRAVY CORN SLICED APPLES DINNER ROLL	<b>31</b> EGG BISCUIT FRUIT ----- CHILI DOG TATOR TOTS BAKED BEANS APPLESAUCE /WATERMELON ICE CREAM	

1% OR CHOC SKIM MILK OFFERED DAILY FOR BKFT AND LUNCH. LACTOSE MILK OFFERED UPON PARENT REQUEST. CEREAL, JUICE AND FRUIT OFFERED WITH EACH BKFT. SANDWICH, SALAD BAR OR MAIN ENTREE OFFERED DAILY AT LUNCH.

**MENU SUBJECT TO CHANGE WITHOUT NOTICE**

PRICES: BKFT: \$1.50, LUNCH: \$2.65. DOUBLES: BKFT: \$2.00, LUNCH: \$3.55

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