

College and Career Readiness 2017-2018

7th grade

- ✓ Career Exploration Lessons (3)
- Use MN Career Information System (MCIS) program for self-assessments and research
 - Learning Styles Survey
 - Career Clusters Inventory
 - Research 2 occupations (from top career clusters)

8th grade

- ✓ Career Exploration Lessons (4)
- Use MN Career Information System (MCIS) program for self-assessments and research
 - Interest Areas (Realistic, Investigative, Artistic, Social, Enterprising, Conventional)
 - Interest Profiler
 - Education Options
 - Different types of postsecondary options (2 yr, 4 yr, etc.)
 - Apprenticeships
 - Levels of Degrees (Associate's, Bachelors, ...)
 - Career Cluster Inventory
 - Research 2 occupations & upload research into MCIS profile
- ✓ At registration time, talk to 8th graders about preparing for high school and changes between middle school and high school
 - 1) Graduation Requirements,
 - 2) Importance of Grades/GPA, passing classes, how to make up credits, etc.
 - 3) College in the Schools (CIS) and Post-Secondary Education Options (PSEO) opportunities and GPA requirements
- ✓ At spring conferences, hold 8th grade parent informational meeting and provide parents with same information given to students

9th grade

- ✓ In September, talk to all 9th graders about:
 - 1) graduation requirements,
 - 2) importance of grades, and
 - 3) College in the Schools (CIS) and Post-Secondary Education Options (PSEO) opportunities and GPA requirements
 - Send letter home to parents and include graduation requirements
- ✓ Career Exploration Fair @ CLC, Brainerd
 - (October/November) Students attend three 40-minute sessions

- Letter sent home to parent informing them of the career fair
- ✓ Offer PSAT 9 in spring and do score interpretation with students
 - Email sent to parents informing them of the PSAT 9 opportunity
- ✓ Career Unit in Social 9 class, approx. 6-8 weeks, use MCIS for self-assessments and research
 - SMART Goals
 - What are SMART goals, create their own SMART goals
 - Discuss importance of postsecondary education and more in-depth information
 - Different college options, scholarships, financial aid, etc.
 - School Sort
 - Interests assessments
 - Career Cluster Inventory, IDEAS, Interest Profiler, Reality Check
 - Research 3 occupations in depth
 - Future Self activity (write about their dream life and record themselves talking to themselves in the future)
 - In the past, guest speakers from various career backgrounds

10th grade

- ✓ Career Exploration Fair @ CLC, Staples
 - (January) Students attend three 40-minute sessions
- ✓ Speak with eligible Sophomores about taking College in the Schools (CITS) courses in grades 11-12.
 - Eligible students have a minimum 3.0 cumulative GPA
- ✓ Host an informational meeting about the Post-Secondary Enrollment Option (PSEO)
 - Meeting in February per the requirement set by the MN Dept of Education
 - Timeline, Process, Requirements, etc.
 - Parent meeting also required prior to enrollment in the PSEO program
- ✓ Administer the Accuplacer test to all Sophomores intending to enroll in CITS courses or enroll as PSEO with Central Lakes College in Brainerd
 - Reading, Elementary Math, and College Math tests administered.
 - Students must obtain certain scores to enroll in CITS or PSEO
- ✓ Administer the Pre-ACT to all students
 - Letter explaining the Pre-ACT mailed home
 - Realistic testing experience for the ACT
 - Accurate prediction of ACT scores
 - Interest Inventory – students are matched with careers that align with their interests
 - Results explained to students, score reports mailed home

11th grade

- ✓ College Fair at CLC Brainerd (October)
 - Optional for Juniors
- ✓ Career Exploration Field Trip to either CLC Brainerd (Bridges) or ICC Grand Rapids (March)
 - Students explore college and career options
- ✓ Offer and administer the PSAT (November)
 - Score interpretation provided for students
- ✓ Offer the ASVAB (October/November)
 - Administration, score interpretation, and career exploration facilitated by military personnel
- ✓ Offer and administer the ACT (February or April)
- ✓ ACT prep
 - Letter explaining the ACT mailed home
 - Use a full class period to inform Juniors about the ACT
 - Why test scores are important
 - College acceptance – 4-yr college admission requirement
 - Scholarships
 - Course placement in college
 - Test content and format
 - Length of timed sections
 - Prep Resources
 - Prefactory
 - MNCIS
 - ACT website
 - ACT prep every Wednesday, Period 8, provided by Mrs. Sander
 - Hand out provided study guides from ACT
- ✓ Administer the Accuplacer to Juniors enrolling in CITS or PSEO the following year
- ✓ Advise Juniors interested in PSEO
- ✓ Junior Advising (April/May)
 - Course selection for Senior Year
 - College visits over summer
- ✓ At spring conferences, hold 11th grade parent and student meeting
 - Graduation requirements
 - Timelines: college applications, FAFSA, scholarships, etc.

12th grade

- ✓ Individual Senior Advising (September)
 - Graduation

- Honors Diploma
- College Application timeline
- FAFSA
- ACT retake (October)
- ✓ Senior Newsletter mailed home (September)
 - Resources and information pertaining to Senior Year
- ✓ College Fair at CLC Brainerd (October)
 - Optional for Seniors
- ✓ Financial Aid Workshop (October)
 - Hosted by a Central Lakes College Financial Aid professional
 - Resources for the FAFSA
- ✓ College App-athon (October)
 - Hosted annually in the Media Center during the MN Office of Higher Learning Free Application Week
 - Door prizes
- ✓ College Representatives and Military Representatives
 - Reps visit AHS frequently
 - Dates/Times posted outside the Counseling Office and on the announcements
- ✓ Scholarship opportunities
 - Posted on the Counseling website and the daily announcements
 - Aitkin Dollars for Scholars presentation during the school day
 - Instructions on how to apply provided to all students