

**Staff Fitness Opportunities**

Aitkin High School Fitness Center

- For ISD #1 employees and their spouses. No friends or unsupervised children. Employees must accompany their spouse while in the fitness center.
- Fitness center users must sign a waiver (Policy 902 page 12 and 13) and sign in.
- Includes treadmills, stationary bicycles, elliptical and cardio circuit (weight machines).
- ISD #1 employees and their walking partners may use the old gym. This could include employees' spouses, friends and employees' children.
- Open 6:15 - 8:00 a.m. and 3:30-9:00 p.m. on school days. (Students may be in attendance Monday-Friday from 6:15 - 8:00 a.m. and 3:30 - 5:00 p.m.)

Elementary School Walking

- For ISD #1 employees and their walking partners. This could include employees' spouses, friends, and employees' children.
- Open 6:15 a.m. - 8:00 a.m. and from 3:30-8:00 p.m. school days. Occasionally, there could be an event after school.

**Source:** Aitkin Independent School District No. 0001, Aitkin, MN

**Reviewed:** 3-17-2014, 10-19-2015

**Approved:** 3-14-2011, 4-21-2014, 11-16-2015

MacNeil Environmental, Inc.

**OCCUPANT INFORMATION RECORD**

Receipt acknowledging that I have been informed of the presence of asbestos containing building material in:

Building: \_\_\_\_\_

I acknowledge that the information provided to me included the following:

1. The locations of asbestos containing materials to which I might have access in the normal course of my presence in the building.
2. The hazards to health presented by asbestos.
3. Appropriate behavior in the presence of asbestos containing materials, which will prevent or reduce the potential hazard.
4. Notification procedures, which I must follow in the event I observe a possible change in the condition of the asbestos containing materials.
5. Safety procedures, which I am to follow in the event of an emergency, which might involve the asbestos containing materials.

My reason for being in the building is:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

My signature in acknowledgment of the above

\_\_\_\_\_

Please print your name, address and phone number

\_\_\_\_\_

Employer's name, address and phone number