## PHYSICAL EXAMINATION OF STUDENTS

## I. PURPOSE

The purpose of this policy is to make sure all athletes can participate in athletics.

## II. GENERAL STATEMENT OF POLICY

Any student in grade 7-12 who intends to participate in any junior-senior high school athletic activity including cheerleading and dance team must obtain a physical examination prior to any participation. This physical must be performed by a licensed physician and filed in the school prior to practice or play. This physical must be performed every three years. New students who wish to participate must file a copy of a physical exam performed within the past three years or have a new exam. If there is a known physical impairment (injury, illness, surgery, etc.) or if the school has any other health concerns, the school may require that a licensed physician certify in writing the student's readiness for participation.

Source: Aitkin Independent School District No. 0001, Aitkin, MN

**Reviewed:** 4-15-13

**Approved:** 1-13-83 (JHCA), 2-15-94 (JHCA), 5-20-13